



# CPA OTTAWA NATURAL CLASSIC

AOÛT 21, 2021

## FINAL PLACINGS



<b>Women's Fitness - Junior Toddler</b>			
Placing	Competitor #	Name	Total Score
1	108	Alize Alarie	5

<b>Women's Fitness - Junior Youth</b>			
Placing	Competitor #	Name	Total Score
1	112	Arielle Lortie	9
2	110	Ella Hough	11
3	109	Annabelle Drouin	14
4	111	Fiona Ladouceur	16

<b>Women's Fitness - Junior Teen Fitness</b>			
Placing	Competitor #	Name	Total Score
1	114	Lauren Shapardanov	6
2	157	Sophie Oishi	11
3	113	Zoe Alarie	13
4	115	Annika Plante	20

<b>Women's Fitness - Open</b>			
Placing	Competitor #	Name	Total Score
1	116	Celina Cada-Matasawagon	5

<b>Men's Bodybuilding - Junior</b>			
Placing	Competitor #	Name	Total Score
1	117	Spencer Serota	5

<b>Men's Bodybuilding - Masters 40+</b>			
Placing	Competitor #	Name	Total Score
1	118	Sean Kennedy	5

<b>Men's Bodybuilding - Open Lightweight</b>			
Placing	Competitor #	Name	Total Score
1	117	Spencer Serota	6
2	118	Sean Kennedy	9

<b>Men's Classic Physique - True Novice</b>			
Placing	Competitor #	Name	Total Score
1	119	Max Chang	5

<b>Men's Classic Physique - Novice</b>			
Placing	Competitor #	Name	Total Score
1	120	Colton Varcoe	5

<b>Men's Classic Physique - Junior</b>			
Placing	Competitor #	Name	Total Score
1	119	Max Chang	5

<b>Men's Classic Physique - Open Class A</b>			
Placing	Competitor #	Name	Total Score
1	119	Max Chang	5

<b>Men's Classic Physique - Open Class B</b>			
Placing	Competitor #	Name	Total Score
1	120	<b>* Colton Varcoe *</b>	5

<b>Men's Physique - True Novice</b>			
Placing	Competitor #	Name	Total Score
1	122	Alex Landry	6
2	121	Zach Goddard	9

<b>Men's Physique - Novice</b>			
Placing	Competitor #	Name	Total Score
1	123	Alex Denisko	5

Men's Physique - Junior			
Placing	Competitor #	Name	Total Score
1	124	Alex Carmichael	6
2	122	Alex Landry	9

Men's Physique - Masters 50+			
Placing	Competitor #	Name	Total Score
1	125	Larry Salva	5

Men's Physique - Open Class A			
Placing	Competitor #	Name	Total Score
1	125	Larry Salva	5

Men's Physique - Open Class B			
Placing	Competitor #	Name	Total Score
1	128	Stephane Laincy	8
2	122	Alex Landry	10
3	127	Mahmoud Kenawi	14
4	121	Zach Goddard	18
5	156	Dany Chaaban	25

Men's Physique - Open Class C			
Placing	Competitor #	Name	Total Score
1	124	<b>* Alex Carmichael *</b>	5
2	123	Alex Denisko	10
3	158	Alix Alcine	15

Women's Bodybuilding - Open			
Placing	Competitor #	Name	Total Score
1	129	Amy Miller	5

Women's Physique - Masters 35+			
Placing	Competitor #	Name	Total Score
1	131	Charlene Bolduc	5

Women's Physique - Open			
Placing	Competitor #	Name	Total Score
1	131	Charlene Bolduc	5

Women's Figure - Novice			
Placing	Competitor #	Name	Total Score
1	132	Melissa Plunkett	5

Women's Figure - Masters 45+			
Placing	Competitor #	Name	Total Score
1	134	Christine Bourdon	5
2	135	Dawn Catchpugh	10
3	133	Donna Beres	15

Women's Figure - Masters 35+			
Placing	Competitor #	Name	Total Score
1	132	Melissa Plunkett	5
2	137	Judith Burroughs Aubin	10
3	131	Charlene Bolduc	16
4	136	Amanda Brandao	21
5	135	Dawn Catchpugh	23

Women's Figure - Open Class A			
Placing	Competitor #	Name	Total Score
1	132	<b>* Melissa Plunkett *</b>	5
2	131	Charlene Bolduc	11
3	138	Melissa Brandao	14
4	136	Amanda Brandao	20

Women's Figure - Open Class B			
Placing	Competitor #	Name	Total Score
1	137	Judith Burroughs Aubin	5
2	135	Dawn Catchpugh	10

<b>Women's Wellness - True Novice</b>			
Placing	Competitor #	Name	Total Score
1	139	Melanie Bailey	5
2	140	Chloe Longuet	10

<b>Women's Wellness - Masters 35+</b>			
Placing	Competitor #	Name	Total Score
1	141	Lyndsay Valois-Renaud	5

<b>Women's Wellness - Open Class B</b>			
Placing	Competitor #	Name	Total Score
1	139	Melanie Bailey	5
2	141	Lyndsay Valois-Renaud	10

<b>Women's Bikini - True Novice</b>			
Placing	Competitor #	Name	Total Score
1	149	Ade Nastiti	5
2	142	Emily Beveridge	10
3	153	Katrina Vallianatos	18
4	146	Laurence Lamarche-Cliche	22
5	144	Jessica D'amore	23
6	151	Maude Sauve	28
7	150	Rose Jacklyn Sanths	36
8	143	Celine Clermont	42
9	147	Shara Martell	46
10	148	Krista Mcroberts	52
11	152	Mikaela Seguin	53
12	145	Anna Don	56

Women's Bikini - Novice			
Placing	Competitor #	Name	Total Score
1	149	Ade Nastiti	5
2	142	Emily Beveridge	10
3	154	Jessica Kraut	15
4	153	Katrina Vallianatos	21
5	146	Laurence Lamarche-Cliche	24
6	150	Rose Jacklyn Sanths	31
7	147	Shara Martell	36
8	148	Krista Mcroberts	40
9	152	Mikaela Seguin	43

Women's Bikini - Masters 45+			
Placing	Competitor #	Name	Total Score
1	155	Stephanie Le Coze	5

Women's Bikini - Masters 35+			
Placing	Competitor #	Name	Total Score
1	144	Jessica D'amore	5
2	143	Celine Clermont	11
3	147	Shara Martell	16
4	145	Anna Don	19
5	141	Lyndsay Valois-Renaud	24

Women's Bikini - Open Class A			
Placing	Competitor #	Name	Total Score
1	149	<b>* Ade Nastiti *</b>	5
2	154	Jessica Kraut	10
3	153	Katrina Vallianatos	15
4	146	Laurence Lamarche-Cliche	21
5	150	Rose Jacklyn Sanths	24
6	147	Shara Martell	32
7	148	Krista Mcroberts	35
8	145	Anna Don	38

Women's Bikini - Open Class B			
Placing	Competitor #	Name	Total Score
1	142	Emily Beveridge	7
2	144	Jessica D'amore	8
3	151	Maude Sauve	15