



**CPA KING KONG OPEN  
CHAMPIONSHIPS**  
TORONTO, ON - NOVEMBER 12, 2022



**FINAL PLACINGS**

| <b>Men's Bodybuilding - True Novice</b> |              |                |             |
|---|--------------|----------------|-------------|
| Placing                                 | Competitor # | Name           | Total Score |
| 1                                       | 4            | Gurpreet Tak   | 3           |
| 2                                       | 5            | Noah Wood      | 6           |
| 3                                       | 1            | Ben Mullen     | 9           |
| 4                                       | 3            | Paul Oneid     | 12          |
| 5                                       | 2            | Michael Nguyen | 15          |

| <b>Men's Bodybuilding - Novice</b> |              |               |             |
|------------------------------------|--------------|---------------|-------------|
| Placing                            | Competitor # | Name          | Total Score |
| 1                                  | 6            | Spencer Byrne | 3           |

| <b>Men's Bodybuilding - Masters 50+</b> |              |               |             |
|---|--------------|---------------|-------------|
| Placing                                 | Competitor # | Name          | Total Score |
| 1                                       | 9            | Marc Jarbeau  | 3           |
| 2                                       | 8            | Charles Duffy | 6           |

| <b>Men's Bodybuilding - Masters 40+</b> |              |                      |             |
|---|--------------|----------------------|-------------|
| Placing                                 | Competitor # | Name                 | Total Score |
| 1                                       | 11           | Romeo Zon            | 3           |
| 2                                       | 9            | Marc Jarbeau         | 6           |
| 3                                       | 8            | Charles Duffy        | 9           |
| 4                                       | 10           | Jerry Agyemang       | 12          |
| 5                                       | 153          | Louis Philippe Vidal | 15          |

| <b>Men's Bodybuilding - Open Lightweight</b> |              |               |             |
|--|--------------|---------------|-------------|
| Placing                                      | Competitor # | Name          | Total Score |
| 1  | 11           | Romeo Zon     | 3           |
| 2  | 171          | Reza Goodarzi | 6           |

| <b>Men's Bodybuilding - Open Welterweight</b> |              |              |             |
|---|--------------|--------------|-------------|
| Placing                                       | Competitor # | Name         | Total Score |
| 1   | 4            | Gurpreet Tak | 3           |
| 2   | 12           | Mike Pryhoda | 6           |

| <b>Men's Bodybuilding - Open Light Heavyweight</b> |              |                |             |
|--|--------------|----------------|-------------|
| Placing  | Competitor # | Name           | Total Score |
| 1  | 13           | Austin Simpson | 3           |
| 2  | 8            | Charles Duffy  | 6           |

| <b>Men's Bodybuilding - Open Heavyweight</b> |              |                      |             |
|--|--------------|----------------------|-------------|
| Placing                                      | Competitor # | Name                 | Total Score |
| 1  | 15           | <b>* Nick Twum *</b> | 3           |
| 2  | 179          | Lorenzo Parere       | 6           |
| 3  | 5            | Noah Wood            | 9           |
| 4  | 1            | Ben Mullen           | 12          |

| <b>Men's Bodybuilding - Open Super Heavyweight</b> |              |                |             |
|--|--------------|----------------|-------------|
| Placing  | Competitor # | Name           | Total Score |
| 1  | 16           | Devante Willis | 3           |
| 2  | 6            | Spencer Byrne  | 6           |
| 3  | 10           | Jerry Agyemang | 9           |
| 4  | 3            | Paul Oneid     | 12          |

| <b>Men's Classic Physique - True Novice</b> |              |                   |             |
|---|--------------|-------------------|-------------|
| Placing                                     | Competitor # | Name              | Total Score |
| 1   | 20           | Peng Li           | 3           |
| 2   | 22           | Parminder Singh   | 6           |
| 3   | 18           | Kevin Coman       | 9           |
| 4   | 19           | George Giancoulas | 12          |
| 5   | 23           | Dylan Weatherhead | 16          |
| 6   | 17           | Neil Balmbra      | 17          |
| 7   | 21           | Jake Olsen        | 22          |
| 8   | 7            | Owen Duguay       | 23          |

| Men's Classic Physique - Novice |              |                     |             |
|---------------------------------|--------------|---------------------|-------------|
| Placing                         | Competitor # | Name                | Total Score |
| 1                               | 20           | Peng Li             | 3           |
| 2                               | 24           | Nick Plummer        | 6           |
| 3                               | 171          | Reza Goodarzi       | 9           |
| 4                               | 45           | Danny Hamel         | 12          |
| 5                               | 14           | Stephen Vanderholst | 16          |
| 6                               | 17           | Neil Balmбра        | 17          |

| Men's Classic Physique - Junior |              |                |             |
|---------------------------------|--------------|----------------|-------------|
| Placing                         | Competitor # | Name           | Total Score |
| 1                               | 27           | Jordan Jarvis  | 3           |
| 2                               | 26           | Alec Guilbault | 6           |
| 3                               | 7            | Owen Duguay    | 9           |

| Men's Classic Physique - Masters 40+ |              |                 |             |
|--------------------------------------|--------------|-----------------|-------------|
| Placing                              | Competitor # | Name            | Total Score |
| 1                                    | 29           | Gerardo Godoy   | 3           |
| 2                                    | 28           | Mike Fleming    | 6           |
| 3                                    | 30           | Jay Harris      | 9           |
| 4                                    | 31           | Yannick Lussier | 12          |

| Men's Classic Physique - Open Class A |              |                           |             |
|---------------------------------------|--------------|---------------------------|-------------|
| Placing                               | Competitor # | Name                      | Total Score |
| 1                                     | 33           | <b>* Devin Bernardo *</b> | 3           |
| 2                                     | 45           | Danny Hamel               | 7           |
| 3                                     | 35           | Muhammad Wali Syed        | 8           |

| <b>Men's Classic Physique - Open Class B</b> |              |                      |             |
|--|--------------|----------------------|-------------|
| Placing                                      | Competitor # | Name                 | Total Score |
| 1  | 37           | Jake Rogers          | 3           |
| 2  | 39           | Hiromasa Takata      | 6           |
| 3  | 42           | Harkirat Singh Lally | 9           |
| 4  | 26           | Alec Guilbault       | 12          |
| 5  | 38           | Jatin Sharma         | 15          |
| 6  | 22           | Parminder Singh      | 18          |
| 7  | 31           | Yannick Lussier      | 21          |
| 8  | 36           | Joshua Lopez         | 24          |

| <b>Men's Classic Physique - Open Class C</b> |              |                     |             |
|--|--------------|---------------------|-------------|
| Placing                                      | Competitor # | Name                | Total Score |
| 1  | 43           | Marko Pavlovic      | 3           |
| 2  | 40           | Jack Ireland        | 6           |
| 3  | 20           | Peng Li             | 9           |
| 4  | 24           | Nick Plummer        | 12          |
| 5  | 14           | Stephen Vanderholst | 15          |
| 6  | 23           | Dylan Weatherhead   | 19          |
| 7  | 19           | George Giancoulas   | 20          |
| 8  | 7            | Owen Duguay         | 24          |
| 9  | 17           | Neil Balmbra        | 27          |
| 10   | 21           | Jake Olsen          | 30          |
| 11   | 44           | Ankush Sharma       | 33          |
| 12   | 41           | Yasin Kanani        | 36          |

| <b>Men's Physique - True Novice</b> |              |                 |             |
|-------------------------------------|--------------|-----------------|-------------|
| Placing                             | Competitor # | Name            | Total Score |
| 1                                   | 46           | Sheng Wang      | 3           |
| 2                                   | 22           | Parminder Singh | 6           |
| 3                                   | 175          | Ayro Bagheri    | 9           |

| <b>Men's Physique - Novice</b> |              |               |             |
|--------------------------------|--------------|---------------|-------------|
| Placing                        | Competitor # | Name          | Total Score |
| 1                              | 46           | Sheng Wang    | 3           |
| 2                              | 56           | Arian Marashi | 6           |
| 3                              | 47           | Trevor Zimak  | 9           |
| 4                              | 175          | Ayro Bagheri  | 12          |

| <b>Men's Physique - Masters 40+</b> |              |                |             |
|-------------------------------------|--------------|----------------|-------------|
| Placing                             | Competitor # | Name           | Total Score |
| 1                                   | 160          | Sam Ganni      | 3           |
| 2                                   | 49           | Jeremy Brown   | 6           |
| 3                                   | 51           | Russell Lantz  | 9           |
| 4                                   | 50           | Colin Harris   | 12          |
| 5                                   | 52           | Barry Sawatsky | 15          |

| <b>Men's Physique - Open Class A</b> |              |                    |             |
|--------------------------------------|--------------|--------------------|-------------|
| Placing                              | Competitor # | Name               | Total Score |
| 1                                    | 53           | Modi Mezher        | 3           |
| 2                                    | 55           | Mohammad Sheikhani | 6           |
| 3                                    | 54           | Muhammed Nujoom    | 9           |

| <b>Men's Physique - Open Class B</b> |              |               |             |
|--------------------------------------|--------------|---------------|-------------|
| Placing                              | Competitor # | Name          | Total Score |
| 1                                    | 56           | Arian Marashi | 3           |
| 2                                    | 58           | Khosro Tayebi | 6           |
| 3                                    | 38           | Jatin Sharma  | 9           |
| 4                                    | 36           | Joshua Lopez  | 12          |
| 5                                    | 47           | Trevor Zimak  | 15          |
| 6                                    | 175          | Ayro Bagheri  | 18          |

| <b>Men's Physique - Open Class C</b> |              |                     |             |
|--------------------------------------|--------------|---------------------|-------------|
| Placing                              | Competitor # | Name                | Total Score |
| 1                                    | 59           | Brandon Wesley Chow | 3           |
| 2                                    | 46           | Sheng Wang          | 6           |
| 3                                    | 57           | Baldeep Sahota      | 10          |
| 4                                    | 22           | Parminder Singh     | 11          |
| 5                                    | 160          | Sam Ganni           | 15          |

| <b>Men's Physique - Open Class D</b> |              |                           |             |
|--------------------------------------|--------------|---------------------------|-------------|
| Placing                              | Competitor # | Name                      | Total Score |
| 1                                    | 176          | <b>* Jamoy Thompson *</b> | 5           |
| 2                                    | 24           | Nick Plummer              | 6           |
| 3                                    | 20           | Peng Li                   | 10          |
| 4                                    | 63           | Ricky Lee                 | 11          |
| 5                                    | 61           | Adam Deschenes            | 17          |
| 6                                    | 60           | Omar Aldoori              | 18          |
| 7                                    | 64           | Elijah Wright             | 21          |
| 8                                    | 62           | Frederic Desrosiers       | 23          |

| <b>Women's Physique - Masters 35+</b> |              |                 |             |
|---------------------------------------|--------------|-----------------|-------------|
| Placing                               | Competitor # | Name            | Total Score |
| 1                                     | 65           | Sarah Burke     | 3           |
| 2                                     | 67           | Teresa Rego     | 6           |
| 3                                     | 66           | Linda Gillespie | 9           |

| <b>Women's Physique - Open Class A</b> |              |                 |             |
|--|--------------|-----------------|-------------|
| Placing                                | Competitor # | Name            | Total Score |
| 1                                      | 65           | Sarah Burke     | 3           |
| 2                                      | 67           | Teresa Rego     | 6           |
| 3                                      | 68           | Arielle Hebb    | 10          |
| 4                                      | 66           | Linda Gillespie | 11          |

| <b>Women's Figure - True Novice</b> |              |                 |             |
|-------------------------------------|--------------|-----------------|-------------|
| Placing                             | Competitor # | Name            | Total Score |
| 1                                   | 73           | Michelle Morin  | 3           |
| 2                                   | 72           | Laya Mirahmadi  | 6           |
| 3                                   | 69           | Trisha Gardiner | 9           |
| 4                                   | 74           | Amy Webb        | 12          |

| <b>Women's Figure - Masters 45+</b> |              |                  |             |
|-------------------------------------|--------------|------------------|-------------|
| Placing                             | Competitor # | Name             | Total Score |
| 1                                   | 77           | Cheryl Warkentin | 3           |
| 2                                   | 76           | Carrie Rosehart  | 6           |
| 3                                   | 70           | Angela Gillard   | 9           |

| <b>Women's Figure - Masters 35+ A</b> |              |               |             |
|---------------------------------------|--------------|---------------|-------------|
| Placing                               | Competitor # | Name          | Total Score |
| 1                                     | 78           | Holly Godward | 3           |
| 2                                     | 74           | Amy Webb      | 6           |

| <b>Women's Figure - Masters 35+ B</b> |              |                           |             |
|---------------------------------------|--------------|---------------------------|-------------|
| Placing                               | Competitor # | Name                      | Total Score |
| 1                                     | 75           | <b>* Paulina Pearce *</b> | 3           |
| 2                                     | 80           | Jennifer Kuzmowich        | 7           |
| 3                                     | 77           | Cheryl Warkentin          | 8           |

| <b>Women's Figure - Open Class A</b> |              |                |             |
|--------------------------------------|--------------|----------------|-------------|
| Placing                              | Competitor # | Name           | Total Score |
| 1                                    | 72           | Laya Mirahmadi | 3           |
| 2                                    | 78           | Holly Godward  | 6           |

| <b>Women's Figure - Open Class B</b> |              |                           |             |
|--------------------------------------|--------------|---------------------------|-------------|
| Placing                              | Competitor # | Name                      | Total Score |
| 1                                    | 73           | <b>* Michelle Morin *</b> | 3           |
| 2                                    | 81           | Ashyana Sunderji          | 6           |
| 3                                    | 77           | Cheryl Warkentin          | 9           |
| 4                                    | 76           | Carrie Rosehart           | 12          |

| <b>Women's Figure - Open Class C</b> |              |                    |             |
|--------------------------------------|--------------|--------------------|-------------|
| Placing                              | Competitor # | Name               | Total Score |
| 1                                    | 82           | Amanda Spicer      | 3           |
| 2                                    | 80           | Jennifer Kuzmowich | 6           |

| <b>Women's Wellness - True Novice</b> |              |                 |             |
|---------------------------------------|--------------|-----------------|-------------|
| Placing                               | Competitor # | Name            | Total Score |
| 1                                     | 83           | Nikki Ardito    | 3           |
| 2                                     | 84           | Marie-Eve Marsh | 7           |
| 3                                     | 90           | Ally French     | 8           |

| <b>Women's Wellness - Novice</b> |              |                       |             |
|----------------------------------|--------------|-----------------------|-------------|
| Placing                          | Competitor # | Name                  | Total Score |
| 1                                | 85           | Makayla Grace Gilmore | 3           |
| 2                                | 90           | Ally French           | 6           |

| <b>Women's Wellness - Masters 35+</b> |              |                   |             |
|---------------------------------------|--------------|-------------------|-------------|
| Placing                               | Competitor # | Name              | Total Score |
| 1                                     | 87           | Vanessa Dominguez | 3           |
| 2                                     | 84           | Marie-Eve Marsh   | 6           |
| 3                                     | 88           | Cindy Johnson     | 9           |

| <b>Women's Wellness - Open Class A</b> |              |                              |             |
|--|--------------|------------------------------|-------------|
| Placing                                | Competitor # | Name                         | Total Score |
| 1                                      | 87           | <b>* Vanessa Dominguez *</b> | 3           |
| 2                                      | 89           | Daphnee Bureau Lugo          | 6           |
| 3                                      | 90           | Ally French                  | 9           |
| 4                                      | 93           | Darci Kourelis               | 12          |



| <b>Women's Wellness - Open Class B</b> |              |                       |             |
|--|--------------|-----------------------|-------------|
| Placing                                | Competitor # | Name                  | Total Score |
| 1                                      | 85           | Makayla Grace Gilmore | 3           |
| 2                                      | 177          | Cintia Hache-Gagnon   | 6           |
| 3                                      | 84           | Marie-Eve Marsh       | 9           |
| 4                                      | 92           | Chloe Field           | 12          |
| 5                                      | 91           | Tami Adeleke          | 15          |

| <b>Women's Wellness - Open Class C</b> |              |                 |             |
|--|--------------|-----------------|-------------|
| Placing                                | Competitor # | Name            | Total Score |
| 1                                      | 94           | Kayla Bonadonna | 3           |
| 2                                      | 83           | Nikki Ardito    | 6           |

| <b>Women's Bikini - True Novice</b> |              |                       |             |
|-------------------------------------|--------------|-----------------------|-------------|
| Placing                             | Competitor # | Name                  | Total Score |
| 1                                   | 101          | Naomi Silverberg      | 3           |
| 2                                   | 95           | Tahja Burnett-Ffrench | 6           |
| 3                                   | 100          | Vanessa Nelson        | 9           |
| 4                                   | 97           | Sandra Fournier       | 14          |
| 5                                   | 111          | Dorsay Todjar         | 15          |
| 6                                   | 99           | Megan Kendry          | 19          |
| 7                                   | 96           | Lisa Dalimonte-Raimi  | 20          |
| 8                                   | 102          | Riley Thiessen        | 23          |

| <b>Women's Bikini - Novice</b> |              |                      |             |
|--------------------------------|--------------|----------------------|-------------|
| Placing                        | Competitor # | Name                 | Total Score |
| 1                              | 103          | Elle Sagadraca       | 3           |
| 2                              | 104          | Rose Sanths          | 6           |
| 3                              | 101          | Naomi Silverberg     | 9           |
| 4                              | 111          | Dorsay Todjar        | 12          |
| 5                              | 99           | Megan Kendry         | 15          |
| 6                              | 96           | Lisa Dalimonte-Raimi | 19          |
| 7                              | 102          | Riley Thiessen       | 20          |

| Women's Bikini - Masters 45+ |              |                 |             |
|------------------------------|--------------|-----------------|-------------|
| Placing                      | Competitor # | Name            | Total Score |
| 1                            | 105          | Colleen Barnier | 3           |
| 2                            | 106          | Myriam Jecki    | 6           |
| 3                            | 108          | Christine Short | 10          |
| 4                            | 107          | Tessa Principe  | 11          |

| Women's Bikini - Masters 35+ |              |                      |             |
|------------------------------|--------------|----------------------|-------------|
| Placing                      | Competitor # | Name                 | Total Score |
| 1                            | 100          | Vanessa Nelson       | 3           |
| 2                            | 109          | Lisa Holland         | 6           |
| 3                            | 96           | Lisa Dalimonte-Raimi | 9           |
| 4                            | 107          | Tessa Principe       | 12          |

| Women's Bikini - Open Class A |              |                  |             |
|-------------------------------|--------------|------------------|-------------|
| Placing                       | Competitor # | Name             | Total Score |
| 1                             | 101          | Naomi Silverberg | 3           |
| 2                             | 104          | Rose Sanths      | 6           |
| 3                             | 97           | Sandra Fournier  | 9           |

| Women's Bikini - Open Class B |              |                           |             |
|-------------------------------|--------------|---------------------------|-------------|
| Placing                       | Competitor # | Name                      | Total Score |
| 1                             | 103          | <b>* Elle Sagadraca *</b> | 3           |
| 2                             | 177          | Cintia Hache-Gagnon       | 6           |
| 3                             | 110          | Courtney Conrad           | 9           |
| 4                             | 111          | Dorsay Todjar             | 12          |
| 5                             | 96           | Lisa Dalimonte-Raimi      | 15          |

| Women's Bikini - Open Class C |              |                |             |
|-------------------------------|--------------|----------------|-------------|
| Placing                       | Competitor # | Name           | Total Score |
| 1                             | 112          | Megan Rome     | 3           |
| 2                             | 100          | Vanessa Nelson | 6           |
| 3                             | 99           | Megan Kendry   | 9           |
| 4                             | 102          | Riley Thiessen | 12          |

| Women's Bikini - Open Class D |              |                       |             |
|-------------------------------|--------------|-----------------------|-------------|
| Placing                       | Competitor # | Name                  | Total Score |
| 1                             | 113          | Ashley Jensen         | 3           |
| 2                             | 95           | Tahja Burnett-Ffrench | 6           |