



**CPA FOUAD ABIAD OPEN  
CHAMPIONSHIPS  
OAKVILLE, ON - JUNE 1, 2024**



**FINAL PLACINGS**

<b>Men's Bodybuilding - True Novice</b>			
Placing	Competitor #	Name	Total Score
1	3	Ahad Arain	3

<b>Men's Bodybuilding - Novice</b>			
Placing	Competitor #	Name	Total Score
1	3	Ahad Arain	3
2	45	Raphael Howell	6

<b>Men's Bodybuilding - Junior</b>			
Placing	Competitor #	Name	Total Score
1	24	Johnny Green	3
2	10	Levi Condon	6
3	45	Raphael Howell	9

<b>Men's Bodybuilding - Masters 35+ Lightweight</b>			
Placing	Competitor #	Name	Total Score
1	53	Hamed Fateh	3

<b>Men's Bodybuilding - Masters 35+ Heavyweight</b>			
Placing	Competitor #	Name	Total Score
1	81	<b>* Frank Braccio *</b>	3
2	82	Dominique Ducharme	7
3	62	Andrew Adams	8
4	80	Admon Azrya	12

<b>Men's Bodybuilding - Open Lightweight</b>			
Placing	Competitor #	Name	Total Score
1	83	Wesley Amshad	3

<b>Men's Bodybuilding - Open Middleweight</b>			
Placing	Competitor #	Name	Total Score
1	327	Jeremy Blondeau	3
2	53	Hamed Fateh	6

Men's Bodybuilding - Open Light Heavyweight			
Placing	Competitor #	Name	Total Score
1	24	Johnny Green	3
2	159	Simon Sava	6
3	156	Babar Nadeem	9
4	3	Ahad Arain	12
5	10	Levi Condon	15
6	62	Andrew Adams	18
7	158	Matt Paolini	21

Men's Bodybuilding - Open Heavyweight			
Placing	Competitor #	Name	Total Score
1	157	<b>* Bryan Holden *</b>	3
2	160	Andre Vaillant	6
3	82	Dominique Ducharme	9
4	150	Justin Benudiz	12

Men's Classic Physique - True Novice			
Placing	Competitor #	Name	Total Score
1	197	Ayush Gupta	3
2	162	Scott Green	6
3	164	Alex Shohat	9
4	163	Andrew Pelletier	12
5	165	Marcorios Tadros	16
6	161	Adam Fiorda	17

Men's Classic Physique - Novice			
Placing	Competitor #	Name	Total Score
1	162	Scott Green	4
2	166	Nooraldin Kayed Kayed	5

Men's Classic Physique - Junior			
Placing	Competitor #	Name	Total Score
1	24	Johnny Green	3
2	162	Scott Green	6

Men's Classic Physique - Masters 45+			
Placing	Competitor #	Name	Total Score
1	168	Neil Fernandes	3

<b>Men's Classic Physique - Masters 35+</b>			
Placing	Competitor #	Name	Total Score
1	176	Jonathan Forcier	3
2	168	Neil Fernandes	6
3	177	Gerardo Godoy	10
4	178	Stanislav Mazur	11
5	164	Alex Shohat	15
6	169	Craig Chaput	18

<b>Men's Classic Physique - Open Class A</b>			
Placing	Competitor #	Name	Total Score
1	197	Ayush Gupta	3
2	297	John Daniel	6
3	196	Ankit Darji	9
4	83	Wesley Amshad	12
5	198	Erik Skaragos	15
6	80	Admon Azrya	18
7	165	Marcorios Tadros	21

<b>Men's Classic Physique - Open Class B</b>			
Placing	Competitor #	Name	Total Score
1	200	Dean El-Hindi	3
2	24	Johnny Green	6
3	162	Scott Green	9
4	223	Devesh Gupta	13
5	224	Dragos Mutascu	14
6	158	Matt Paolini	19
7	163	Andrew Pelletier	22
8	199	Sotirios Chortogiannos	23
NS	3	Ahad Arain	NS

<b>Men's Classic Physique - Open Class C</b>			
Placing	Competitor #	Name	Total Score
1	176	Jonathan Forcier	3
2	226	Alex Cosentino	6
3	227	Spencer Iyioz	9
4	166	Nooraldin Kayed Kayed	12
5	225	Sahheed Behboodi	15
6	228	Alexandre Sofrochenkov	18

<b>Men's Classic Physique - Open Class D</b>			
Placing	Competitor #	Name	Total Score
1	160	<b>* Andre Vaillant *</b>	3
2	178	Stanislav Mazur	6
3	230	Tyler Hyndman	9
4	229	Mark Dormon	13
5	169	Craig Chaput	14
6	161	Adam Fiorda	18

<b>Men's Physique - True Novice</b>			
Placing	Competitor #	Name	Total Score
1	232	Charlie Khabouth	3
2	233	Andrew Mc Donnell	6
3	231	Evan Fortner	9
4	234	Navdeep Momi	12

<b>Men's Physique - Novice</b>			
Placing	Competitor #	Name	Total Score
1	233	Andrew Mc Donnell	3
2	231	Evan Fortner	6
3	235	Semir Jemil	9
4	236	Trevor Zimak	12

<b>Men's Physique - Junior</b>			
Placing	Competitor #	Name	Total Score
1	237	Ahmed Khder	3
2	231	Evan Fortner	6

<b>Men's Physique - Masters 45+</b>			
Placing	Competitor #	Name	Total Score
1	168	Neil Fernandes	3
2	238	Dave Bodnar	6

<b>Men's Physique - Masters 35+</b>			
Placing	Competitor #	Name	Total Score
1	168	Neil Fernandes	3
2	236	Trevor Zimak	6
3	240	Erik Barbosa	9
NS	239	Pouria Ansari	NS

Men's Physique - Open Class A			
Placing	Competitor #	Name	Total Score
1	241	Kazem Sidiq	3
2	231	Evan Fortner	6

Men's Physique - Open Class B			
Placing	Competitor #	Name	Total Score
1	237	<b>* Ahmed Khder *</b>	3
2	242	Salvatore Bencardino	6
3	243	Arshia Ghaeeni	9
4	223	Devesh Gupta	13
5	236	Trevor Zimak	14

Men's Physique - Open Class C			
Placing	Competitor #	Name	Total Score
1	245	Julian Razuri	3
2	244	Alex Hackenbrook	6
3	200	Dean El-Hindi	9
4	150	Justin Benudiz	12
5	240	Erik Barbosa	15
NS	239	Pouria Ansari	NS

Men's Physique - Open Class D			
Placing	Competitor #	Name	Total Score
1	226	Alex Cosentino	3
2	246	Mike Macmillan	6
3	232	Charlie Khabouth	9
4	233	Andrew Mc Donnell	12
5	300	Reza Keivanfar	15

Women's Bodybuilding - Masters 35+			
Placing	Competitor #	Name	Total Score
1	248	Genevieve Anderson	3

Women's Bodybuilding - Open			
Placing	Competitor #	Name	Total Score
1	249	Vero Voyer	3
2	248	Genevieve Anderson	6

<b>Women's Physique - True Novice</b>			
Placing	Competitor #	Name	Total Score
1	250	Karen Morley	3

<b>Women's Physique - Masters 35+</b>			
Placing	Competitor #	Name	Total Score
1	250	Karen Morley	3

<b>Women's Physique - Open Class A</b>			
Placing	Competitor #	Name	Total Score
1	249	Vero Voyer	3
2	250	Karen Morley	6

<b>Women's Figure - True Novice</b>			
Placing	Competitor #	Name	Total Score
1	251	Nzinga Kelly	3

<b>Women's Figure - Masters 45+</b>			
Placing	Competitor #	Name	Total Score
1	253	Jacqueline Tedesco	4
2	305	Jessie Simula	5
3	252	Sonia Lourenco	9
4	251	Nzinga Kelly	12

<b>Women's Figure - Masters 35+ A</b>			
Placing	Competitor #	Name	Total Score
1	256	<b>* Meaghan Prince *</b>	3
2	255	Jolene Pugliese	6
3	305	Jessie Simula	9
4	252	Sonia Lourenco	13
5	254	Shannon Attridge	14

<b>Women's Figure - Masters 35+ B</b>			
Placing	Competitor #	Name	Total Score
1	253	Jacqueline Tedesco	3

<b>Women's Figure - Open Class A</b>			
Placing	Competitor #	Name	Total Score
1	257	<b>* Maia Alleyne *</b>	3
2	256	Meaghan Prince	6
3	258	Karisa Galzote	11
4	255	Jolene Pugliese	12
5	305	Jessie Simula	14
6	251	Nzinga Kelly	18

<b>Women's Figure - Open Class B</b>			
Placing	Competitor #	Name	Total Score
1	259	Alishia Reid	3
2	253	Jacqueline Tedesco	6

<b>Women's Wellness - True Novice</b>			
Placing	Competitor #	Name	Total Score
1	260	Sophie Gilbert	3

<b>Women's Wellness - Novice</b>			
Placing	Competitor #	Name	Total Score
1	260	Sophie Gilbert	3

<b>Women's Wellness - Masters 35+</b>			
Placing	Competitor #	Name	Total Score
1	261	Alexandra Armstrong	3

<b>Women's Wellness - Open Class A</b>			
Placing	Competitor #	Name	Total Score
1	262	<b>* Zaira Leon *</b>	3

<b>Women's Wellness - Open Class B</b>			
Placing	Competitor #	Name	Total Score
1	261	Alexandra Armstrong	3
2	260	Sophie Gilbert	6

<b>Women's Wellness - Open Class C</b>			
Placing	Competitor #	Name	Total Score
1	263	Nikki Ardito	3

<b>Women's Bikini - True Novice</b>			
Placing	Competitor #	Name	Total Score
1	267	Samantha Mitchell	3
2	268	Olivia Vandever	6
3	265	Danielle Hugh	9
4	269	Rebecca Wilson	12
5	264	Krista Crowley	15
6	266	Amy Lloyd	18

<b>Women's Bikini - Novice</b>			
Placing	Competitor #	Name	Total Score
1	274	Elinor Kanevsky	3
2	267	Samantha Mitchell	6
3	282	Kirsten Webster	9
4	270	Rutha Berhane	12
5	272	Alexandra Howard	15
6	275	Megan Russell	18
7	271	Jenni Bissell	21
8	273	Rachael Jackson-Stapleton	24

<b>Women's Bikini - Masters 45+</b>			
Placing	Competitor #	Name	Total Score
1	280	Jessica Vaillancourt	3
2	277	Brenda Tullio	6
3	276	Andrea Sams	9
4	266	Amy Lloyd	12

<b>Women's Bikini - Masters 35+ A</b>			
Placing	Competitor #	Name	Total Score
1	279	Forough Hahemi	4
2	278	Bella Banaa	5
3	277	Brenda Tullio	9
4	273	Rachael Jackson-Stapleton	13
5	269	Rebecca Wilson	14



<b>Women's Bikini - Masters 35+ B</b>			
Placing	Competitor #	Name	Total Score
1	280	<b>* Jessica Vaillancourt *</b>	3
2	272	Alexandra Howard	6
3	275	Megan Russell	9
4	276	Andrea Sams	12
5	271	Jenni Bissell	15
6	264	Krista Crowley	18

<b>Women's Bikini - Open Class A</b>			
Placing	Competitor #	Name	Total Score
1	282	Kirsten Webster	5
2	279	Forough Hahemi	6
3	278	Bella Banaa	7
4	265	Danielle Hugh	12
5	273	Rachael Jackson-Stapleton	15

<b>Women's Bikini - Open Class B</b>			
Placing	Competitor #	Name	Total Score
1	274	<b>* Elinor Kanevsky *</b>	3
2	267	Samantha Mitchell	6
3	281	Mariah Dickson	9
4	284	Michelle Phillips	12
5	272	Alexandra Howard	15
6	283	Lyanne Paquette	19
7	275	Megan Russell	20

<b>Women's Bikini - Open Class C</b>			
Placing	Competitor #	Name	Total Score
1	270	Rutha Berhane	3
2	268	Olivia Vandever	6
3	285	Veronica Zylstra	9
4	271	Jenni Bissell	12