



CPA VDC NATURAL CHAMPIONSHIP
WINNIPEG, MB - May 31, 2026



FINAL PLACINGS

Men's Bodybuilding - Novice			
Placing	Competitor #	Name	Total Score
1	539	Alan Paduthuruthy Thomas	3

Men's Bodybuilding - Masters 35+			
Placing	Competitor #	Name	Total Score
1	541	Bryan Graziano	3
2	540	Jonathan Anuik	6

Men's Bodybuilding - Masters 40+			
Placing	Competitor #	Name	Total Score
1	542	Christopher Huynh	3
2	540	Jonathan Anuik	6

Men's Bodybuilding - Open Lightweight			
Placing	Competitor #	Name	Total Score
1	539	Alan Paduthuruthy Thomas	3
2	541	Bryan Graziano	6

Men's Bodybuilding - Open Middleweight			
Placing	Competitor #	Name	Total Score
1	543	* Alic Rasmussen *	3

Men's Classic Physique - True Novice			
Placing	Competitor #	Name	Total Score
1	548	Ian Xu	3
2	546	Colby Saltel	7
3	545	Mason Morrison	8
4	547	Sukhpal Singh	13
5	544	Lucas Lee	14
6	507	Kevin Martin	18

Men's Classic Physique - Novice			
Placing	Competitor #	Name	Total Score
1	549	Cole Younger	3
2	547	Sukhpal Singh	6
3	510	Cole Newton	10
4	507	Kevin Martin	11

Men's Classic Physique - Junior			
Placing	Competitor #	Name	Total Score
1	549	Cole Younger	3
2	546	Colby Saltel	7
3	545	Mason Morrison	8
4	544	Lucas Lee	12

Men's Classic Physique - Masters 35+			
Placing	Competitor #	Name	Total Score
1	541	Bryan Graziano	3
2	540	Jonathan Anuik	6

Men's Classic Physique - Masters 40+			
Placing	Competitor #	Name	Total Score
1	550	Mandeep Sodhi	3
2	542	Christopher Huynh	6
3	540	Jonathan Anuik	9

Men's Classic Physique - Open Class A			
Placing	Competitor #	Name	Total Score
1	545	Mason Morrison	4
2	541	Bryan Graziano	5

Men's Classic Physique - Open Class B			
Placing	Competitor #	Name	Total Score
1	543	* Alic Rasmussen *	3
2	547	Sukhpal Singh	6
3	544	Lucas Lee	9
4	551	Arnav Ahuja	12

Men's Classic Physique - Open Class C

Placing	Competitor #	Name	Total Score
1	549	Cole Younger	3
2	548	Ian Xu	6
3	546	Colby Saltel	10
4	556	Prashant Dalal	11
5	507	Kevin Martin	15

Men's Physique - True Novice

Placing	Competitor #	Name	Total Score
1	546	Colby Saltel	4
2	548	Ian Xu	5
3	554	Julian Vergel	9
4	552	Joshua Knelsen-Thiessen	12
5	547	Sukhpal Singh	15
6	553	Karan Thapa	18
7	540	Jonathan Anuik	21

Men's Physique - Novice

Placing	Competitor #	Name	Total Score
1	539	Alan Paduthuruthy Thomas	3
2	552	Joshua Knelsen-Thiessen	6
3	547	Sukhpal Singh	9
4	572	Abel Mirdha	12
5	540	Jonathan Anuik	15

Men's Physique - Junior

Placing	Competitor #	Name	Total Score
1	555	Naji Al Kalo	3
2	546	Colby Saltel	6

Men's Physique - Masters 35+

Placing	Competitor #	Name	Total Score
1	540	Jonathan Anuik	3

Men's Physique - Masters 40+

Placing	Competitor #	Name	Total Score
1	542	Christopher Huynh	3
2	540	Jonathan Anuik	6

Men's Physique - Masters 50+			
Placing	Competitor #	Name	Total Score
1	521	Brent Wiebe	3

Men's Physique - Open Class A			
Placing	Competitor #	Name	Total Score
1	539	* Alan Paduthuruthy Thomas *	3

Men's Physique - Open Class B			
Placing	Competitor #	Name	Total Score
1	555	Naji Al Kalo	3
2	547	Sukhpal Singh	7
3	572	Abel Mirdha	9
4	553	Karan Thapa	11

Men's Physique - Open Class C			
Placing	Competitor #	Name	Total Score
1	546	Colby Saltel	3
2	548	Ian Xu	7
3	556	Prashant Dalal	8
4	552	Joshua Knelsen-Thiessen	12

Women's Physique - Open			
Placing	Competitor #	Name	Total Score
1	524	Mya Jorgenson	3

Women's Figure - True Novice			
Placing	Competitor #	Name	Total Score
1	557	Lauri Ostrom	3
2	525	Jordynn Nimchonok	6

Women's Figure - Masters 35+			
Placing	Competitor #	Name	Total Score
1	558	Dionne Potapinski	3

Women's Figure - Masters 40+			
Placing	Competitor #	Name	Total Score
1	557	Lauri Ostrom	3
2	559	Tiana Veal	6
3	558	Dionne Potapinski	9

Women's Figure - Masters 50+			
Placing	Competitor #	Name	Total Score
1	558	Dionne Potapinski	3

Women's Figure - Open Class A			
Placing	Competitor #	Name	Total Score
1	557	* Lauri Ostrom *	3
2	525	Jordynn Nimchonok	6

Women's Figure - Open Class C			
Placing	Competitor #	Name	Total Score
1	559	Tiana Veal	3

Women's Wellness - True Novice			
Placing	Competitor #	Name	Total Score
1	538	Nina Erfan	3
2	560	Mary Ballesteros	7
3	561	Amanda Nelles	8

Women's Wellness - Novice			
Placing	Competitor #	Name	Total Score
1	560	Mary Ballesteros	4
2	561	Amanda Nelles	5

Women's Wellness - Masters 35+			
Placing	Competitor #	Name	Total Score
1	560	Mary Ballesteros	3

Women's Wellness - Open Class A			
Placing	Competitor #	Name	Total Score
1	538	Nina Erfan	3
2	560	Mary Ballesteros	6

Women's Wellness - Open Class B			
Placing	Competitor #	Name	Total Score
1	562	* Emelie Therrien-Hansen *	3

Women's Bikini - True Novice			
Placing	Competitor #	Name	Total Score
1	563	Kaitlin Derkach	3
2	564	Alysha Hokanson	6
3	538	Nina Erfan	9
4	560	Mary Ballesteros	12

Women's Bikini - Novice			
Placing	Competitor #	Name	Total Score
1	565	Adara Krowetz	3
2	531	Lisa Mackenzie	7
3	564	Alysha Hokanson	8
4	560	Mary Ballesteros	12

Women's Bikini - Junior			
Placing	Competitor #	Name	Total Score
1	563	Kaitlin Derkach	3

Women's Bikini - Masters 35+			
Placing	Competitor #	Name	Total Score
1	531	Lisa Mackenzie	3
2	566	Tracy Shier	6
3	560	Mary Ballesteros	9

Women's Bikini - Masters 40+			
Placing	Competitor #	Name	Total Score
1	531	Lisa Mackenzie	3
2	566	Tracy Shier	6

Women's Bikini - Masters 50+			
Placing	Competitor #	Name	Total Score
1	531	Lisa Mackenzie	3

Women's Bikini - Open Class A			
Placing	Competitor #	Name	Total Score
1	565	* Adara Krowetz *	3
2	563	Kaitlin Derkach	6
3	531	Lisa Mackenzie	10
4	564	Alysha Hokanson	11
5	560	Mary Ballesteros	15

Women's Bikini - Open Class C			
Placing	Competitor #	Name	Total Score
1	566	Tracy Shier	3

Women's Fit Model - True Novice			
Placing	Competitor #	Name	Total Score
1	532	Liubov Dorofieieva	3
2	537	Alisha St. Pierre	7
3	567	Kaila Kwan	8
4	535	Jamie Pope	12

Women's Fit Model - Novice			
Placing	Competitor #	Name	Total Score
1	532	Liubov Dorofieieva	4
2	533	Sara Brooks	5
3	537	Alisha St. Pierre	10
4	567	Kaila Kwan	11
5	535	Jamie Pope	15
6	568	Cassie Campbell	18

Women's Fit Model - Masters 35+			
Placing	Competitor #	Name	Total Score
1	535	Jamie Pope	3

Women's Fit Model - Open Class A			
Placing	Competitor #	Name	Total Score
1	567	Kaila Kwan	3

Women's Fit Model - Open Class B			
Placing	Competitor #	Name	Total Score
1	532	* Liubov Dorofieieva *	3
2	568	Cassie Campbell	6

Women's Fit Model - Open Class C			
Placing	Competitor #	Name	Total Score
1	533	Sara Brooks	3
2	537	Alisha St. Pierre	6

Women's Fit Model - Open Class D			
Placing	Competitor #	Name	Total Score
1	535	Jamie Pope	3

