



**CPA FOUAD ABIAD CHAMPIONSHIPS**  
OAKVILLE, ON - May 30, 2026



**FINAL PLACINGS**

| <b>Women's Fitness - Open</b> |              |                  |    |    |    |
|-------------------------------|--------------|------------------|----|----|----|
| Placing                       | Competitor # | Name             | R1 | R2 | TS |
| 1                             | 140          | Kendall Corcoean | 3  | 6  | 9  |

| <b>Men's Bodybuilding - True Novice</b> |              |             |             |
|---|--------------|-------------|-------------|
| Placing                                 | Competitor # | Name        | Total Score |
| 1                                       | 141          | Umar Farook | 3           |
| 2                                       | 142          | Milad Nana  | 6           |

| <b>Men's Bodybuilding - Novice</b> |              |                   |             |
|------------------------------------|--------------|-------------------|-------------|
| Placing                            | Competitor # | Name              | Total Score |
| 1                                  | 143          | Hamidreza Jazaeri | 3           |

| <b>Men's Bodybuilding - Junior</b> |              |             |             |
|------------------------------------|--------------|-------------|-------------|
| Placing                            | Competitor # | Name        | Total Score |
| 1                                  | 144          | Levi Condon | 3           |

| <b>Men's Bodybuilding - Masters 40+ Heavyweight</b> |              |                |             |
|---|--------------|----------------|-------------|
| Placing   | Competitor # | Name           | Total Score |
| 1   | 146          | Nick Geris     | 3           |
| 2   | 145          | Phil Blandford | 6           |

| <b>Men's Bodybuilding - Open Middleweight</b> |              |                 |             |
|---|--------------|-----------------|-------------|
| Placing                                       | Competitor # | Name            | Total Score |
| 1   | 148          | Jitender Rana   | 3           |
| 2   | 147          | Brett Macdonald | 6           |

| <b>Men's Bodybuilding - Open Light Heavyweight</b> |              |                   |             |
|--|--------------|-------------------|-------------|
| Placing  | Competitor # | Name              | Total Score |
| 1  | 168          | Daniel Tichonov   | 3           |
| 2  | 149          | Nikita Pozdniakov | 6           |

| <b>Men's Bodybuilding - Open Heavyweight</b> |              |                  |             |
|--|--------------|------------------|-------------|
| Placing                                      | Competitor # | Name             | Total Score |
| 1  | 151          | Michael Lontoc   | 3           |
| 2  | 152          | Alejandro Loscos | 6           |
| 3  | 146          | Nick Geris       | 9           |
| 4  | 145          | Phil Blandford   | 12          |
| 5  | 144          | Levi Condon      | 15          |

| <b>Men's Bodybuilding - Open Super Heavyweight</b> |              |                         |             |
|--|--------------|-------------------------|-------------|
| Placing  | Competitor # | Name                    | Total Score |
| 1  | 153          | <b>* Taylor Cross *</b> | 3           |
| 2  | 154          | Igor Diniz              | 6           |
| 3  | 150          | Dylan Lepage            | 9           |

| <b>Men's Classic Physique - True Novice</b> |              |                  |             |
|---|--------------|------------------|-------------|
| Placing                                     | Competitor # | Name             | Total Score |
| 1   | 141          | Umar Farook      | 3           |
| 2   | 157          | Collin Goyea     | 6           |
| 3   | 163          | Sergio Neto      | 9           |
| 4   | 156          | Justin Barragan  | 12          |
| 5   | 159          | Sean Tukara      | 15          |
| 6   | 155          | Matt Banninga    | 18          |
| 7   | 142          | Milad Nana       | 21          |
| 8   | 97           | Michael Kowalski | 24          |

| <b>Men's Classic Physique - Novice</b> |              |               |             |
|--|--------------|---------------|-------------|
| Placing                                | Competitor # | Name          | Total Score |
| 1                                      | 157          | Collin Goyea  | 3           |
| 2                                      | 155          | Matt Banninga | 6           |

| <b>Men's Classic Physique - Junior</b> |              |                  |             |
|--|--------------|------------------|-------------|
| Placing                                | Competitor # | Name             | Total Score |
| 1                                      | 144          | Levi Condon      | 3           |
| 2                                      | 159          | Sean Tukara      | 6           |
| 3                                      | 97           | Michael Kowalski | 9           |

| <b>Men's Classic Physique - Masters 40+</b> |              |                   |             |
|---|--------------|-------------------|-------------|
| Placing                                     | Competitor # | Name              | Total Score |
| 1   | 161          | Roch Bouverat     | 3           |
| 2   | 143          | Hamidreza Jazaeri | 6           |

| Men's Classic Physique - Open Class A |              |                |             |
|---------------------------------------|--------------|----------------|-------------|
| Placing                               | Competitor # | Name           | Total Score |
| 1                                     | 162          | Ryan Cahill    | 3           |
| 2                                     | 164          | Anitesh Thakur | 6           |
| 3                                     | 141          | Umar Farook    | 9           |
| 4                                     | 163          | Sergio Neto    | 12          |
| 5                                     | 148          | Jitender Rana  | 15          |

| Men's Classic Physique - Open Class B |              |                        |             |
|---------------------------------------|--------------|------------------------|-------------|
| Placing                               | Competitor # | Name                   | Total Score |
| 1                                     | 79           | <b>* Tyler Jones *</b> | 3           |
| 2                                     | 168          | Daniel Tichonov        | 6           |
| 3                                     | 167          | Lucas Razuri           | 9           |
| 4                                     | 166          | Akhil Nair             | 12          |
| 5                                     | 99           | Hemant Singh           | 15          |
| 6                                     | 161          | Roch Bouverat          | 18          |
| 7                                     | 147          | Brett Macdonald        | 21          |
| 8                                     | 165          | Sirvan Abbasizadeh     | 24          |

| Men's Classic Physique - Open Class C |              |                   |             |
|---------------------------------------|--------------|-------------------|-------------|
| Placing                               | Competitor # | Name              | Total Score |
| 1                                     | 170          | John Goncalves    | 3           |
| 2                                     | 144          | Levi Condon       | 6           |
| 3                                     | 169          | Michael Colangelo | 9           |
| 4                                     | 157          | Collin Goyea      | 13          |
| 5                                     | 86           | Joseph Hughes     | 14          |
| 6                                     | 156          | Justin Barragan   | 18          |
| 7                                     | 155          | Matt Banninga     | 21          |

| Men's Classic Physique - Open Class D |              |                |             |
|---------------------------------------|--------------|----------------|-------------|
| Placing                               | Competitor # | Name           | Total Score |
| 1                                     | 172          | Parsa Parishan | 3           |
| 2                                     | 171          | Matthew Bedard | 6           |

| <b>Men's Physique - True Novice</b> |              |                       |             |
|-------------------------------------|--------------|-----------------------|-------------|
| Placing                             | Competitor # | Name                  | Total Score |
| 1                                   | 176          | Adeeb Majidi          | 3           |
| 2                                   | 174          | Jamal Sheikh          | 6           |
| 3                                   | 186          | Mohammad Omar Nijrabi | 9           |
| 4                                   | 173          | Muhammad Heerah       | 12          |
| 5                                   | 158          | Khalid Khan           | 15          |

| <b>Men's Physique - Novice</b> |              |                   |             |
|--------------------------------|--------------|-------------------|-------------|
| Placing                        | Competitor # | Name              | Total Score |
| 1                              | 177          | Harpal Singh      | 3           |
| 2                              | 160          | Frank Okocha      | 6           |
| 3                              | 176          | Adeeb Majidi      | 9           |
| 4                              | 174          | Jamal Sheikh      | 12          |
| 5                              | 143          | Hamidreza Jazaeri | 15          |

| <b>Men's Physique - Junior</b> |              |                 |             |
|--------------------------------|--------------|-----------------|-------------|
| Placing                        | Competitor # | Name            | Total Score |
| 1                              | 178          | Nicholas Goegan | 3           |

| <b>Men's Physique - Masters 40+</b> |              |                   |             |
|-------------------------------------|--------------|-------------------|-------------|
| Placing                             | Competitor # | Name              | Total Score |
| 1                                   | 180          | Pedro Kenupp      | 3           |
| 2                                   | 183          | Rob Starr         | 6           |
| 3                                   | 181          | Landrew Liburd    | 9           |
| 4                                   | 143          | Hamidreza Jazaeri | 13          |
| 5                                   | 179          | Jeremy Brown      | 14          |
| 6                                   | 182          | Federico Palacios | 18          |

| <b>Men's Physique - Open Class A</b> |              |               |             |
|--------------------------------------|--------------|---------------|-------------|
| Placing                              | Competitor # | Name          | Total Score |
| 1                                    | 184          | Vaibhav Kumar | 3           |
| 2                                    | 185          | Pruthvi Patel | 6           |

| <b>Men's Physique - Open Class B</b> |              |                 |             |
|--------------------------------------|--------------|-----------------|-------------|
| Placing                              | Competitor # | Name            | Total Score |
| 1                                    | 163          | Sergio Neto     | 3           |
| 2                                    | 187          | Ben Schwartzman | 6           |
| 3                                    | 173          | Muhammad Heerah | 9           |

| <b>Men's Physique - Open Class C</b> |              |                     |             |
|--------------------------------------|--------------|---------------------|-------------|
| Placing                              | Competitor # | Name                | Total Score |
| 1                                    | 188          | Riley Greer         | 3           |
| 2                                    | 178          | Nicholas Goegan     | 6           |
| 3                                    | 190          | Aabhas Singh        | 10          |
| 4                                    | 191          | Arunkumar Sivakumar | 11          |
| 5                                    | 192          | Mirnihad Aghayev    | 15          |
| 6                                    | 176          | Adeeb Majidi        | 19          |
| 7                                    | 174          | Jamal Sheikh        | 20          |
| 8                                    | 189          | Vikramjeet Kaknian  | 24          |

| <b>Men's Physique - Open Class D</b> |              |                             |             |
|--------------------------------------|--------------|-----------------------------|-------------|
| Placing                              | Competitor # | Name                        | Total Score |
| 1                                    | 195          | <b>* Michael Previdsa *</b> | 3           |
| 2                                    | 180          | Pedro Kenupp                | 6           |
| 3                                    | 193          | Kyle Callan                 | 9           |
| 4                                    | 177          | Harpal Singh                | 12          |
| 5                                    | 194          | Mohammadali Davarinejad     | 15          |
| 6                                    | 183          | Rob Starr                   | 18          |

| <b>Women's Physique - True Novice</b> |              |                 |             |
|---------------------------------------|--------------|-----------------|-------------|
| Placing                               | Competitor # | Name            | Total Score |
| 1                                     | 196          | Leigh Bannister | 3           |

| <b>Women's Physique - Masters 40+</b> |              |                 |             |
|---------------------------------------|--------------|-----------------|-------------|
| Placing                               | Competitor # | Name            | Total Score |
| 1                                     | 196          | Leigh Bannister | 3           |
| 2                                     | 197          | Lindsay Laing   | 6           |

| <b>Women's Physique - Open Class A</b> |              |                 |             |
|--|--------------|-----------------|-------------|
| Placing                                | Competitor # | Name            | Total Score |
| 1                                      | 196          | Leigh Bannister | 3           |
| 2                                      | 197          | Lindsay Laing   | 6           |

| <b>Women's Figure - True Novice</b> |              |                 |             |
|-------------------------------------|--------------|-----------------|-------------|
| Placing                             | Competitor # | Name            | Total Score |
| 1                                   | 196          | Leigh Bannister | 3           |

| <b>Women's Figure - Novice</b> |              |               |             |
|--------------------------------|--------------|---------------|-------------|
| Placing                        | Competitor # | Name          | Total Score |
| 1                              | 198          | Lindsey Paton | 3           |

| Women's Figure - Masters 40+ A |              |               |             |
|--------------------------------|--------------|---------------|-------------|
| Placing                        | Competitor # | Name          | Total Score |
| 1                              | 199          | Erin Jacobson | 3           |

| Women's Figure - Masters 40+ B |              |                            |             |
|--------------------------------|--------------|----------------------------|-------------|
| Placing                        | Competitor # | Name                       | Total Score |
| 1                              | 196          | <b>* Leigh Bannister *</b> | 3           |
| 2                              | 200          | Karen Monsour              | 6           |

| Women's Figure - Open Class A |              |               |             |
|-------------------------------|--------------|---------------|-------------|
| Placing                       | Competitor # | Name          | Total Score |
| 1                             | 199          | Erin Jacobson | 3           |

| Women's Figure - Open Class B |              |                          |             |
|-------------------------------|--------------|--------------------------|-------------|
| Placing                       | Competitor # | Name                     | Total Score |
| 1                             | 201          | <b>* Meghan Clarke *</b> | 3           |
| 2                             | 198          | Lindsey Paton            | 6           |
| 3                             | 196          | Leigh Bannister          | 9           |
| 4                             | 200          | Karen Monsour            | 12          |

| Women's Wellness - True Novice |              |               |             |
|--------------------------------|--------------|---------------|-------------|
| Placing                        | Competitor # | Name          | Total Score |
| 1                              | 202          | Amanda Stjohn | 3           |

| Women's Wellness - Novice |              |             |             |
|---------------------------|--------------|-------------|-------------|
| Placing                   | Competitor # | Name        | Total Score |
| 1                         | 203          | Jamie Morse | 3           |

| Women's Wellness - Masters 40+ |              |                     |             |
|--------------------------------|--------------|---------------------|-------------|
| Placing                        | Competitor # | Name                | Total Score |
| 1                              | 204          | Alexandra Armstrong | 3           |
| 2                              | 202          | Amanda Stjohn       | 6           |

| Women's Wellness - Open Class A |              |                        |             |
|---------------------------------|--------------|------------------------|-------------|
| Placing                         | Competitor # | Name                   | Total Score |
| 1                               | 203          | <b>* Jamie Morse *</b> | 3           |
| 2                               | 204          | Alexandra Armstrong    | 6           |
| 3                               | 205          | Sarah Bell             | 9           |

| <b>Women's Wellness - Open Class B</b> |              |            |             |
|--|--------------|------------|-------------|
| Placing                                | Competitor # | Name       | Total Score |
| 1                                      | 206          | Sam Slater | 3           |

| <b>Women's Wellness - Open Class C</b> |              |               |             |
|--|--------------|---------------|-------------|
| Placing                                | Competitor # | Name          | Total Score |
| 1                                      | 202          | Amanda Stjohn | 3           |

| <b>Women's Bikini - True Novice</b> |              |                 |             |
|-------------------------------------|--------------|-----------------|-------------|
| Placing                             | Competitor # | Name            | Total Score |
| 1                                   | 207          | Rachel Alleva   | 3           |
| 2                                   | 213          | Miranda Ferri   | 6           |
| 3                                   | 216          | Alison Smith    | 9           |
| 4                                   | 209          | Zuzana Bolender | 12          |

| <b>Women's Bikini - Masters 40+ A</b> |              |                               |             |
|---------------------------------------|--------------|-------------------------------|-------------|
| Placing                               | Competitor # | Name                          | Total Score |
| 1                                     | 211          | <b>* Ashley Khatcherian *</b> | 3           |
| 2                                     | 208          | Angie Aldridge                | 6           |

| <b>Women's Bikini - Masters 40+ B</b> |              |                      |             |
|---------------------------------------|--------------|----------------------|-------------|
| Placing                               | Competitor # | Name                 | Total Score |
| 1                                     | 210          | Monika Juhasz        | 3           |
| 2                                     | 212          | Jessica Vaillancourt | 6           |
| 3                                     | 209          | Zuzana Bolender      | 9           |

| <b>Women's Bikini - Open Class A</b> |              |                          |             |
|--------------------------------------|--------------|--------------------------|-------------|
| Placing                              | Competitor # | Name                     | Total Score |
| 1                                    | 207          | <b>* Rachel Alleva *</b> | 3           |
| 2                                    | 208          | Angie Aldridge           | 6           |

| <b>Women's Bikini - Open Class B</b> |              |                  |             |
|--------------------------------------|--------------|------------------|-------------|
| Placing                              | Competitor # | Name             | Total Score |
| 1                                    | 213          | Miranda Ferri    | 3           |
| 2                                    | 215          | Tyanna Nikkita   | 6           |
| 3                                    | 217          | Flashka Vdovenko | 9           |
| 4                                    | 210          | Monika Juhasz    | 12          |
| 5                                    | 216          | Alison Smith     | 15          |

| Women's Fit Model - Novice |              |                          |             |
|----------------------------|--------------|--------------------------|-------------|
| Placing                    | Competitor # | Name                     | Total Score |
| 1                          | 219          | Melissa Macdonald-Pearce | 3           |

| Women's Fit Model - Masters 40+ |              |                |             |
|---------------------------------|--------------|----------------|-------------|
| Placing                         | Competitor # | Name           | Total Score |
| 1                               | 222          | Xena Marko     | 3           |
| 2                               | 221          | Jennifer Forde | 6           |
| 3                               | 220          | Thora Cooper   | 9           |

| Women's Fit Model - Open Class A |              |                           |             |
|----------------------------------|--------------|---------------------------|-------------|
| Placing                          | Competitor # | Name                      | Total Score |
| 1                                | 223          | <b>* Alice Cardella *</b> | 3           |
| 2                                | 221          | Jennifer Forde            | 6           |

| Women's Fit Model - Open Class B |              |                          |             |
|----------------------------------|--------------|--------------------------|-------------|
| Placing                          | Competitor # | Name                     | Total Score |
| 1                                | 49           | Sommer Mowott            | 3           |
| 2                                | 219          | Melissa Macdonald-Pearce | 7           |
| 3                                | 222          | Xena Marko               | 10          |
| 4                                | 224          | Manpreet Kahlon          | 11          |
| 5                                | 220          | Thora Cooper             | 15          |